



# REDDING SCHOOL OF THE ARTS

JANUARY 2019

January 7 NO SCHOOL	January 8 Chili Corn Muffin Garden Salad Dressing Banana	January 9 Hamburger on Whole Grain Bun Tomato/Lettuce/Pickle Baked Beans Orange *VEGGIE BURGER	January 10 Chicken Veggie Soup String Cheese WW Roll Vegetables Fresh Fruit *VEGGIE SOUP	January 11 Burrito Salsa Garden Salad w/Dressing Fruit
January 14 Mac & Cheese Muffin Broccoli Fruit	January 15 Corn Dog Potato Salad Veggie Sticks Fruit Salad Fritos *VEGGIE CORN DOG	January 16 Pizza Salad Bar Fruit	January 17 Spaghetti Garlic Bread Vegetable Fruit	January 18 Crispy Chicken Sandwich Lettuce/Tomato Veggie Medley Fresh Fruit *VEGGIE BURGER
January 21 No School Martin Luther King Day	January 22 Taco Salad Salsa Fresh Fruit Cookie *QUESADILLA	January 23 Roasted Chicken Roll Potatoes Fresh Fruit *VEGGIE BURGER	January 24 Rib Sandwich Salad Fresh Fruit *VEGGIE BURGER	January 25 Chicken Nuggets Muffin Carrots Fruit Salad *VEGGIE NUGGETS
January 28 Asian Chicken Brown Rice Broccoli Fresh Fruit *TOFU W/RICE	January 29 Chili Corn Muffin Garden Salad Dressing Banana	January 30 Hamburger on Whole Grain Bun Tomato/Lettuce/Pickle Baked Beans Orange *VEGGIE BURGER	January 31 Chicken Veggie Soup String Cheese WW Roll Vegetables Fresh Fruit *VEGGIE SOUP	February 1 Burrito Salsa Garden Salad w/Dressing Fruit



**WE WANT YOU!**

We want to recruit YOU for kitchen sub  
work. Please call Cindy at

224-4100

