

Redding School of the Arts

NOVEMBER 2018



		October 31	November 1	November 2
		Roasted Chicken Roll Potatoes Fresh Fruit *VEGGIE BURGER	Rib Sandwich Salad Fresh Fruit Cookie *VEGGIE BURGER	Chicken Nuggets Muffin Carrots Fruit Salad *VEGGIE NUGGETS
November 5	November 6	November 7	November 8	November 9
Asian Chicken Brown Rice Broccoli Fresh Fruit *TOFU W/RICE	Chili Fries Tomatoes/Peppers Salad Fruit	Hamburger on Whole Grain Bun Tomato/Lettuce/Pickle Baked Beans Orange *VEGGIE BURGER	Sandwich Chips Vegetables Fresh Fruit	Burrito Salsa Carrots Sliced Apples
November 12	November 13	November 14	November 15	November 16
No School Veteran's Day Observed	Corn Dog Potato Salad Veggie Sticks Fruit Salad *VEGGIE CORNDOG	Turkey Gravy Mashed Potatoes WW Roll Fruit *TOFU W/GRAVY	Rolled Taco Salad w/Dressing Homestyle Salsa Fruit *CHEESE QUESADILLA	Chicken Sandwich Carrots Chips Fresh Fruit *VEGGIE BURGER
November 19	November 20	November 21	November 22	November 23
No School Thanksgiving Recess				
November 26	November 27	November 28	November 29	November 30
BBQ Sandwich Veggie Medley Chips Fruit *VEGGIE BURGER	Taco Salad Beans Fresh Fruit Cookie	Roasted Chicken Roll Potatoes Fresh Fruit *VEGGIE BURGER	Rib Sandwich Salad Fresh Fruit Cookie *VEGGIE BURGER	Chicken Nuggets Muffin Carrots Fruit Salad *VEGGIE NUGGETS

