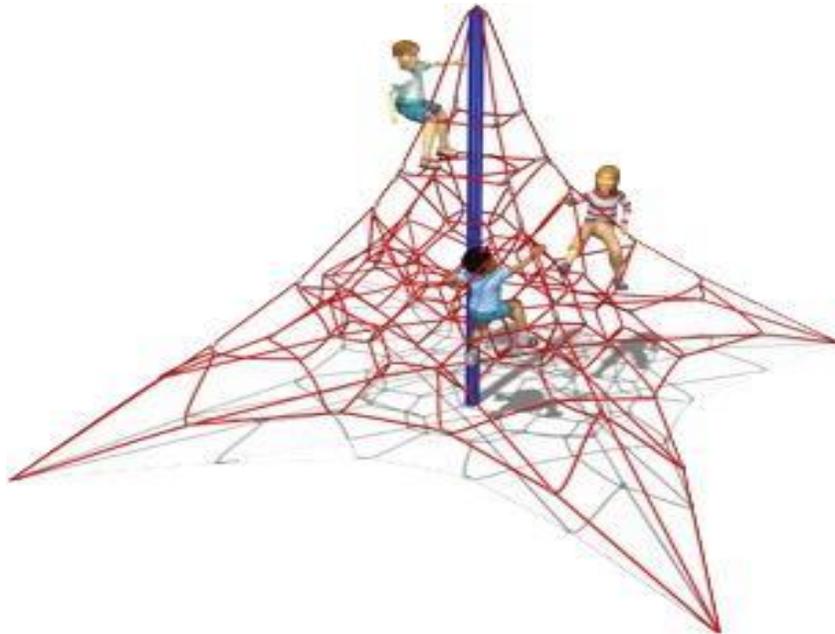


# Playground Rules & Supervision Guidelines

**Respect**  
**Safety**  
**Accountability**



REDDING SCHOOL of ARTS  
WHERE EDUCATION AND THE ARTS CONNECT

雷丁艺术学校  
教育与艺术融合的舞台/殿堂

# Playground Rules and Expectations



## GENERAL PLAYGROUND RULES:

### **1. All students are expected to use common sense and follow the school rules.**

a. Students will follow the 3 principles for behavior adopted by the school and will be: **RESPECTFUL, SAFE & ACCOUNTABLE** in regards to behavior at school.

b. When approached by a Playground Supervisor for breaking a rule, students should be able to explain what rule they violated.

c. Students will make safe choices in play. Children are not to climb on trees, jump from bars, or otherwise use equipment in an inappropriate way. For example, Death Drops (swinging from knees and releasing to feet) are forbidden.

d. Students will be responsible for playground equipment by checking it out and returning it to appropriate place once playtime ends.

e. Students will walk to and from the playground. Running is not acceptable behavior on campus. (other than in the designated areas on the playground, such as the field.)

f. Students will ask for a hall pass to enter school building during recess times or to use the restrooms.

### **2. All students will show RESPECT to all adults, other students and all property.**

a. Students are expected to comply with all reasonable requests from an adult and to follow directions when asked to do something by school personnel.

b. Disrespect to an adult will result in an immediate referral to the office and loss of playground privileges.

c. Students are expected to respect all school property. Do not mark up or damage any school property. Take pride in your school by keeping the campus clean. Always put your litter and trash in trashcans.

d. Respect others at play by not disturbing their games, and by following all game and equipment use rules.

### **3. Students will use appropriate language at all times and be considerate of others feelings.**

a. Courtesy is expected. No mean or hurtful statements will be allowed (making fun of another person's name, appearance, abilities, etc.). No profanity, offensive language or obscene gestures will be tolerated.

b. RSA is a family. Thus, no games will be closed. Students are expected to let any student join into a game and share equipment, unless otherwise prohibited by school staff (ex. Student not old enough to use equipment.)

c. Students will use appropriate playground voices- no screaming.

#### **4. All food and snacks will remain in the designated eating areas.**

a. Snacks may be eaten during recesses only in snack area (The Gathering Circle).

b. During lunch time, all food will remain in the Café areas and trash thrown away in appropriate trash receptacles.

c. No gum, wax or similar chewing material will be permitted on the school grounds.

#### **5. Students will keep their hands, feet and objects to themselves.**

a. RSA has a “hand’s-off” policy. Fighting, even play-fighting, is absolutely forbidden and will result in an office referral. Hitting, pushing or roughhousing is not allowed.

b. Keep all playground materials in designated areas. Throwing sticks, rocks, sand, bark, water bottles or other objects is prohibited.

#### **6. Personal items, toys and anything considered unsafe is not permitted at school.**

a. Unsafe items (such as knives, matches, lighters, cap guns, real or play guns, etc.) are not permitted at school and could result in suspension or expulsion.

b. The following items are not to be brought to school: Toys, dolls, balls, CD players, Gameboys, and other electronic items unless the item is needed for a class activity and a teacher gives permission.

c. Skateboards, roller blades, and heeies are not permitted on the school grounds.

d.) Do not bring pens, pencils or other school supplies out with you onto the playground areas.

#### **7. Students will remain in the designated playground areas.**

a. Students will know the boundaries for their grade level and not wander outside the playground area at anytime.

b. The field areas and other equipment may be off limits during inclement weather. Students will obey designated signs/instructions to stay off certain equipment when deemed necessary by school personnel.

c. The lunch area should never be used for play. Use manners while eating and always clean up after yourself. Gather your needed lunch items from and return your unused or re-useable lunch items to the designated classroom receptacles. (baskets labeled with teacher’s name.)

d. Students may not play in areas out of sight of the Playground Supervisors. They may never play behind play equipment, such as the Slide, or behind/between or inside buildings or sheds.

e. Students will obtain hall passes to use designated restrooms for their grade level.

### **PLAYGROUND AREA RULES AND EQUIPMENT USE EXPECTATIONS:**

#### **Hallways Expectations** – WALK, WALK,



WALK. Remember to always keep to the right when in hallways or passing up/down stairs. Respect the learning and peace of other students and staff by always using quiet voices when passing through hallways or entering office areas. Do not block stairways/steps with backpacks, instruments, self or others. Use lockers appropriately.

**Café Area(s)** – Students will eat in their class’s designated eating areas only. If the main café area becomes crowded you may be asked and expected to move to another café area as instructed by duty personnel. Students will be respectful and polite to all staff and volunteers. Good behavior and table manners are expected at all times. Use a quiet voice in the café areas. Bring your lunch or purchase your lunch, but do not beg or force others to give you food.



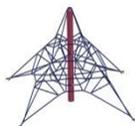
**Because of possible food allergies among our student body, sharing food is not allowed.** Sit politely with others, and hold up an item in your hand if you need assistance opening it. Clean your table and throw away your trash. Raise your hand for permission to leave.

**Bathroom Expectations** – Respect school property by using restrooms appropriately and not making messes. Enter quietly, use the toilet, wash your hands, throw paper towel in trash and leave quickly. Report any vandalism to teacher or yard duty. It is expected that all students obtain a hall pass to use the restrooms when at recess.



**Penta Web and other Climbing Equipment** –

Safety is the number one consideration for yourself and others while climbing any equipment. No overcrowding pieces of equipment and always keep your hands and feet to yourself. Climbing equipment comes in many shapes and sizes, including webs, domes and horizontal ladders, and is generally more challenging than other kinds of playground equipment. In general remember to:



- Use both hands and stay well behind the person in front of you. On the Penta Web all students must have a three point contact with apparatus at all time.
- Do not swing or jump from any climbing equipment and beware of others

climbing around you. When you drop from the bars, bend your knees and land on both feet.



- When climbing down, watch for those climbing up; never race across or try to reach for bars that are too far ahead.

**Zip Line** - Safety is first priority. Only students 3<sup>rd</sup> grade and up may use the zip line unless accompanied by PE staff or teacher. No more than 4 students may wait on landing at one time. All other students waiting must line up on soccer field side of platform by designated cone. While in



motion, there is no jumping off, bouncing or twisting in the seat. All riders must face the same direction and be firmly

sitting in the seat. The person riding the zip line will get off at middle stopping point and then bring the seat to the next person waiting in line. Observers of the zip line must watch others, be sure to keep clear of the zip line’s arc in either direction.

**Mountain Slide**- All riders must go down slide in a seated position, feet first. No more than two students will be allowed to slide at a time. You may slide as a single or double (with a buddy) only. Those waiting a turn will wait at bottom of slide near designated cone waiting area. Once the person(s) at the top of the slide begins their decent the next student(s) in line may begin climbing to the top. If the slide is open a flag will be displayed on the oak tree next to the slide. If a flag is not present no one may be on or around the slide area. Safety rules for slide include:



- Take one step at a time and look forward when climbing the mountain to the top of the slide. Never climb up the slide itself or go behind the slide where there is no adult supervision.

- Slide down feet first and sitting up, never head first on your back or stomach.
- Slide down alone or with a buddy only. Only those going down the slide should be on the slide platform at any time.
- Always check that the bottom of the slide is clear before sliding down to avoid crashing into others.
- On hot days, feel the slide with your hand before climbing up to the top. If the slide feels too warm, don't play on it.

**K-5 Play Structure-** The new in 2018 play structure was donated by our Parent Club.



The Structure is designed for children 5-12 years of age. (K-5<sup>th</sup> grades) and has a maximum capacity of 27 children at one time. Never push or roughhouse while on this

equipment. Use equipment properly — slide feet first only and wait until person in front of you clears away from the bottom of the slide before descending, never climb up the slide or climb outside guardrails, and no jumping off from any platform. When using the climbing walls students must have at least one hand firmly grasping a hand hold. The walls are for climbing up only. There is a two person Max on the climbing walls at any time. Students should always travel to the right when ascending or descending the stairs. **There are no chasing games allowed on or around the play structure.**

**Water and Sand Features** In the “misters circle” only 12 students can gather at a time.



Be safe and watch out for others. You may jump from rock to rock being careful not to shove or step on

another person. If a line forms to use the area students have 1 min. of play before

they must exit. Those in line can count out loud, “One-one hundred, two-one hundred, etc. to sixty.”

Children may check out trucks/loaders or other sand equipment at the playground shed near the big slide. Sand needs to remain in the sand area only and anyone throwing/dumping sand on another student will be prohibited from sand play for the rest of the day.

**Musical Instruments-**

Students will be respectful of equipment and use it appropriately. If many students wish to use equipment, students must be courteous and take turns. Students can use equipment for 1 min. at a time if a line exists.



**Other Playground Equipment-**

There are a wide variety of apparatus to use on the playground. Use common sense and always keep safety a priority. Sharing, taking turns and keeping hands and feet to self will always ensure a fun time is had by all. If an apparatus seems confusing or scary ask a yard duty supervisor for help.

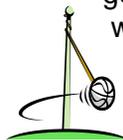
Apparatus, like the Manta Ray Merry-go-round, may require cooperation of a group in order to



make the ride work as intended. For safety reasons students must only sit on the Manta Ray with both feet inside the ride. Use your feet only to circle around- no observers may push, or “help” move those on the equipment. Max number of students on the Manta Ray is 10.

**Tetherball**

– Stand on the blacktop waiting for your turn. Each student can only play three consecutive games and then he must go to the end of the line. Tame ends when one player winds the cord around the pole. Major rules to follow are: 1) there are no ropes; 2) You can catch the ball, but not touch the rope; 3) You can throw the ball, hit the ball, tap the ball or slap the ball, but you



may not kick the ball; 4) Stand in line completely off of the playing area to avoid interference or injury; 5) Stay on your own side of the court 6) Be a good sport and accept your loss gracefully; 7.) The next person in line is responsible for judging any faults.

**Wall-Balls** – Allow others to play the game by standing off the court. The ball must bounce on the ground one time before hitting the wall and then may be hit in the air or after one bounce by the other player. At no time can the ball be caught. A player is out when the hit ball misses the wall, bounces twice before hitting the wall, or lands outside the wall ball boundaries. Disputes are settled by the first person in line who will act as judge.

**Basketball** – Game can be played on half or full courts depending of the number of students wanting to play. Players will be 3 on 3, 4 on 4, or 5 on 5. Players on the court shall be the next 3, 4, or 5 players in line not chosen out of order. All offensive players must touch the ball before a shot is taken or it is the other team's ball. Players must abide by the rules for traveling, dribbling and fouling. Any disputes will be resolved by a jump ball or vote of players. The winner gets the ball and resumes play. Once a basket is made the winning team stays on court and the next 3, 4 or 5 players in line begin play.



**Four Square/Corners-** **Four Square** is a court game played with a rubber ball. Each of the four squares are labeled 1, 2, 3 or 4. Square 1 starts the game by bouncing the ball in their own court and then bouncing it into one of the other courts. The player in the other court must then bounce the ball into another player's square. If the ball bounces outside the square or back into the player's own square, that player is out. When a player is out, they go to the end of the line and the first person in the line moves into the 4 square while all other



players who were not out move up towards the 1 square.

- This game must be played with a rubber ball. Tennis balls, basketballs, or other balls are not appropriate for this game.
- Disputed plays are to be voted on by all players in the court and the first person in line will be the final judge.
- No "cherry bombs"-throwing the ball down aggressively or "inside corners" is permitted while playing.

**Four Corners:** Four corners is played on a four square court. Four players start on each far corner with a fifth player in the center junction of the four squares. The object is for the outside corners players to move from one corner to another by exchanging with another corner player. If the Center player gets to the outside corner before an outside player does, the outside player is out and the center player takes that corner. A new player comes in to be the new center player.

- "Slidies" and "killies" are not permitted.
- Disputed plays are to be voted on by all players in the court and 1<sup>st</sup> person in line.
- Any time two players end up at the same corner, the player who was originally at that

**Field Expectations** – Safety is the number one consideration, there will be no tackling, tripping or piling on top of one another. If a soccer game or other organized game is in progress you can join or watch, but do not disrupt other students play. You can run, play tag, or engage in other imaginative play on field when no organized games are being played.



**End of Recess Expectations-** A warning bell will ring signifying recess is over. When the bell is heard all students must freeze immediately. Yard duty personnel will also blow their whistles, again signifying that all students need to freeze. The recess duty supervisors will then whistle again and excuse students to **walk** back to class. The second whistle also signifies that students can walk to and



return equipment to designated areas.

Students in lower level classrooms with doors that face the playground area will line up outside their classroom doors and wait for their teachers. Students in other classrooms with students in 2<sup>nd</sup>-5<sup>th</sup> grade will line up in Main Café area to meet their teacher and be walked to class. Middle school students may walk back to their assigned classrooms.

**Emergency Signal-** In the event of an emergency, it might become necessary for all students to stop play immediately. The signal for students to stop all play is the sound of a long whistle/megaphone siren.



When a long whistle is heard everyone must stop all activity, freeze where they are, and listen for special directions from school staff.